



ERASMUS+ COURSE BROCHURE

2026

In partnership with

GROW
Innovación Educativa



Erasmus+ Organisation ID Number:
E10195409

WELCOME

GROW INNOVACIÓN EDUCATIVA

GROW is an organization that supports schools in the design of their Erasmus projects, specialized in students with specific support needs.

We have established a cooperation with CEC to help schools to present their Erasmus project.

CORK ENGLISH COLLEGE

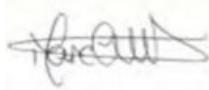
Cork English College offers a complete Erasmus+ experience for schools, vocational training centres, adult education providers and cooperation projects.

Our programmes combine academic quality, cultural immersion and professional development, all within the welcoming atmosphere of Cork, one of Ireland's most vibrant cities.

Whether your organisation already holds an Erasmus+ accreditation, is implementing an approved annual project, or is currently preparing a new one, Cork English College provides the expertise, logistics, and academic support to make it happen successfully.

We design, host, and accompany Erasmus+ mobilities from start to finish, ensuring that each participant and institution benefits from a safe, structured, and high-quality international learning experience.

Our dedicated team supports all stages of the process — from application guidance and documentation to accommodation, local logistics, certification, and cultural integration — ensuring that every programme fits the approved Erasmus+ budget and achieves its learning objectives.


Marc Cullen
Managing Director - Cork English College



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How to apply

Applying for an Erasmus+ project or preparing your next mobility with Cork English College is simple.

Our team supports you from the first idea to the successful completion of your project.

Step 1 – Plan your project

Before starting, it is essential to define your Erasmus+ project carefully. Think about what objectives you want to achieve, how many students and teachers will take part in the mobilities, and what kind of activities best fit your institution's educational goals (language learning, work placements, job-shadowing, training courses, or cooperation projects).

Our team can help you from the very beginning – analysing your needs, setting realistic goals, and selecting the most suitable type of mobility or partnership (Schools, VET, Adult Education, or KA2 projects).

Together, we ensure that your proposal is coherent, achievable, and aligned with Erasmus+ priorities.

Step 2 – Schedule, prepare, and carry out your mobility

If your organisation already holds an approved project or active accreditation, the next step is to plan your mobilities. To ensure quality and availability, we recommend contacting us at least three months before the first planned activity.

From that moment, our Erasmus+ team will work closely with you to design specific activities fully aligned with the approved project and its objectives.

Each mobility programme is adapted to your institution's educational focus, participants' profiles, and Erasmus+ priorities, ensuring that every activity contributes directly to the intended learning outcomes.

Once the design is agreed, we coordinate all practical arrangements and provide continuous support before and during the stay:

- Preparation of Learning Agreements and all required Erasmus+ documentation.
- Organisation of accommodation, local transport, transfers, and insurance.
- Pre-departure briefing sessions for students and staff to ensure readiness and safety.
- Continuous academic, linguistic, and personal support throughout the mobility.
- Delivery of certificates of participation and reporting materials for project documentation.



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KA1 – Learning Mobility of Individuals Schools (School Education)

Cork English College organises short and long-term mobility programmes for students and teachers in primary, secondary and high school education. Programmes are adapted to each school's priorities and combine language learning, educational innovation and cultural discovery.

Programme focus:

- Immersive English learning with interactive lessons and workshops.
- School visits and exchanges with Irish educators.
- Activities connected to Erasmus+ key priorities: inclusion, sustainability, digitalisation and European Culture.
- Cultural and social programme that promotes teamwork and intercultural understanding.

Learning outcomes:

Participants gain confidence in English, discover innovative approaches to teaching and learning, and return to their schools ready to share new ideas and practices.



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Sample Timetable - Ireland and Europe

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
09:00	21st Century Ireland – Diversity and Tradition	The history of Ireland in the EU	The Northern Ireland Peace Process	Reducing the Ecological Footprint in Ireland	Irish Myths and Folklore
10:30	Raising intercultural awareness	Exploring issues and concepts	Imagining different perspectives Break	Evaluating problems and solutions	Considering what stories mean
11:20	Deciding on a group topic to research Generating Ideas; Conducting online research; Sharing and respecting ideas;	Comparing research findings; Deciding on the format of the finished project Compiling information; Exchanging ideas; Reaching a decision; Understanding responsibilities in a group;	Preparing a first draft; Deciding on layout and multimedia; Asking for feedback Working towards a goal; Designing visuals; Using technology in teams; Supportive interaction;	Editing and Improving Drafts; Rehearsal and final preparations Evaluating quality; Improving language; Troubleshooting; Helping colleagues	Project Presentations; Q & A Sessions; Feedback Giving a well-structured presentation; Engaging an audience through media; Contributing to a discussion
12:50	Critical Thinking Objective Communication Objective	Creative Thinking Objective Collaboration Objective			Citizenship Objective Digital Literacy Objective

CEC Afternoon social and Cultural Activities

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
14:30	Cork City Tour	University College Cork	Cork Food Trail: The English Market	Crawford Art Gallery	Fitzgerald's Park and Cork's famous Shaky Bridge
15:30					



VET (Vocational Education & Training)

Cork English College offers high-quality Erasmus+ mobility opportunities for students and staff in vocational education and training, designed to connect classroom learning with real professional experience.

Our VET programmes combine English language development, technical training and cultural immersion, ensuring that each participant gains practical skills and international confidence.

1. Training Courses & Weekly Programmes

These short-term mobilities are ideal for groups of VET students who wish to combine English improvement with professional orientation and cultural learning in Ireland.

Programmes are developed together with the sending institution and can include thematic workshops, visits to Irish companies and project-based activities linked to their field of study.

Programme focus:

- English language development through vocational topics and teamwork.
- Visits to Irish companies, training centres and community initiatives.
- Workshops on employability, entrepreneurship, green transition and digitalisation.
- Reflection sessions and cultural activities to connect learning with European values.

Learning outcomes:

Participants enhance their English, strengthen transversal competences and gain a broader vision of the professional world in a European context.

2. Internships in Companies (Work Placements)

For longer-term mobilities, Cork English College organises fully managed internships in Irish companies, allowing VET students to apply their knowledge in real workplaces while discovering a new culture.

We take care of the entire process — from matching participants with suitable companies to providing accommodation, language support and follow-up throughout the stay.



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VET (Vocational Education & Training)

Key features:

- Company placement: personalised matching with host organisations in sectors such as hospitality, tourism, digital industries, environmental services, and social care.
- English course: an optional intensive course before or during the placement to improve communication at work.
- Accommodation: full support in arranging stays with host families, hotels, or apartments close to the workplace.
- Monitoring: continuous mentoring, evaluation, and certification of learning outcomes.

Learning outcomes:

Students gain authentic professional experience, develop independence and intercultural skills, and improve their employability through practical learning in a European context.

All placements comply with the Erasmus+ VET Quality Framework and can be integrated into both accredited and short-term mobility projects.



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Adult Education

Cork English College develops training programmes for professionals and organisations involved in adult and community learning.

These initiatives combine workshops, study visits, and reflective sessions to support innovation, inclusion, and lifelong learning.

Programme focus:

- Training on digital transformation, inclusive education and innovative pedagogies.
- Peer-learning activities and exchanges with Irish educators and NGOs.
- Study visits to adult education centres and social organisations.
- Cultural immersion and networking opportunities across Europe.

Learning outcomes:

Participants enhance their teaching and management skills, discover new approaches to lifelong learning and build sustainable European partnerships.



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Teachers & Educational Staff

Cork English College delivers structured Erasmus+ programmes specifically designed for teachers, trainers, and school staff.

These include formal training courses, job-shadowing experiences, and professional exchanges with local institutions.

Training courses offered:

- English for Educational Professionals
- CLIL (Content and Language Integrated Learning) for Primary and Secondary Teachers
- Digital Tools and Artificial Intelligence in Education
- Sustainable Learning and Teaching as Global Citizens
- Lifelong Learning and Inclusion in Education

Many other tailor-made courses are also available, adapted to each group's needs and project objectives.

Job-shadowing and professional exchange:

Teachers can observe classes, share experiences, and explore innovative practices in Irish schools and educational centres, supported by our local mentors.

Learning outcomes:

Educators enhance their professional competencies, strengthen communication in English and acquire practical insights into European education systems and methodologies.



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Accommodation

A comfortable and welcoming stay is an essential part of every Erasmus+ experience.

Cork English College offers several accommodation options to suit different profiles and budgets, all located within easy reach of the city centre and training venues.

Host Families

Our host families are carefully selected for their hospitality and experience with international students.

- Single or twin rooms, half-board during the week and full-board on weekends.
- Immersive cultural experience through daily life with an Irish family.

Ideal for school groups, VET learners, and teachers seeking integration and language practice.

Hotels and Guesthouses

For groups preferring greater independence, we collaborate with quality hotels and guesthouses in central Cork.

- Comfortable single or double rooms.
- Breakfast included; other meals available on request.

Suitable for short courses, teacher training or mixed adult groups.

Student Residence

Private apartments are available for longer stays or independent participants.

- Fully equipped kitchen and living facilities.
- Weekly cleaning and maintenance included.
- Ideal for VET participants or adult learners in small groups.

All accommodation options comply with safety, comfort and Erasmus+ quality standards.

Transfers from and to Cork Airport can be arranged, and our local team remains available 24/7 to support participants throughout their stay.



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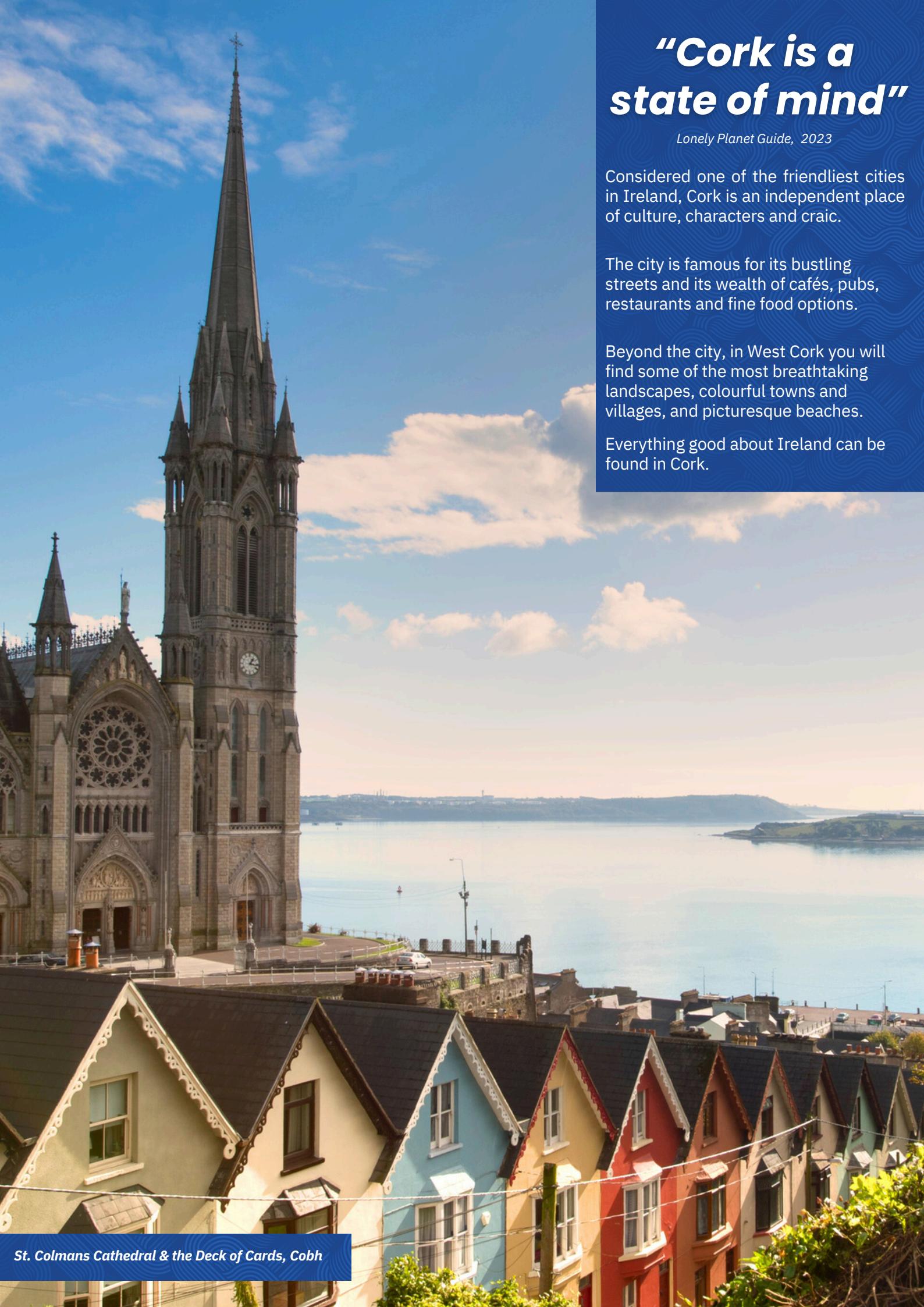


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"Cork is a state of mind"

Lonely Planet Guide, 2023

Considered one of the friendliest cities in Ireland, Cork is an independent place of culture, characters and craic.

The city is famous for its bustling streets and its wealth of cafés, pubs, restaurants and fine food options.

Beyond the city, in West Cork you will find some of the most breathtaking landscapes, colourful towns and villages, and picturesque beaches.

Everything good about Ireland can be found in Cork.

KA2 – Cooperation among Organisations and Institutions

Cork English College designs and leads Erasmus+ KA2 cooperation projects that foster innovation, inclusion and sustainable partnerships across Europe.

These projects are open to participation from schools, VET centres and adult education providers who wish to join as partners and collaborate in meaningful international initiatives.

We also work with universities, NGOs and local authorities to promote cooperation, exchange of good practices and the joint development of educational resources with real European impact.

Areas of cooperation:

- Inclusion and diversity in education and training.
- Digitalisation and the use of new technologies in learning environments.
- Environmental sustainability and the development of green competences.
- Innovation, entrepreneurship, and active European citizenship.

Our role and contribution:

- Hosting of transnational meetings, training events, and short-term staff exchanges in Cork.
- Academic, administrative, and logistical coordination for visiting organisations.
- Design and implementation of intellectual outputs, workshops, and blended learning activities.
- Support with dissemination, quality assurance, and reporting.
- Access to a wide network of Irish educational, social and community partners



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KA2 – Cooperation among Organisations and Institutions

Participation opportunities:

Educational centres from across Europe can join our ongoing or upcoming KA2 projects as associated partners, benefit from our experience, and co-develop initiatives that have long-term impact at both institutional and community levels.

Expected outcomes:

Each cooperation project led or hosted by Cork English College generates sustainable results, strengthens European collaboration, and contributes to innovation and inclusion within the Erasmus+ framework.



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Why Choose Cork English College?

Choosing Cork English College means having a partner that combines academic quality, operational reliability, and a genuine commitment to Erasmus+ values.

- Central location in Cork, a safe and vibrant European city.
- Long-standing experience in Erasmus+ project delivery and mobility hosting.
- Personalised support before, during, and after every mobility.
- Integrated services: project guidance, logistics, accommodation, and certification.
- Programmes fully aligned with Erasmus+ funding and quality standards.

We are more than a training provider – we are a trusted partner committed to helping European institutions create meaningful, inclusive and transformative learning experiences.



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CORK CITY

Cork is Ireland's Maritime Haven
with a significant maritime history
spanning over a thousand years...

Set in a beautiful soft coastal environment where the land, the people and their culture will allow you to discover a quirky way to stimulate all your senses. Cork is ideally situated for you to explore two of the best experiences in Ireland – the Wild Atlantic Way and Ireland's Ancient East.

St. Patricks Bridge Building

St. Patricks Hill Building

St. Patricks Quay Building

Student Residences

- Blackrock Castle Observatory
- Cork City Gaol
- Old Cork Waterworks Experience
- Cork Public Museum
- Fitzgerald's Park
- The Glucksman Gallery
- University College Cork
- Crawford Art Gallery
- Elizabeth Fort
- The English Market
- Nano Nagle Place
- Shandon Tower & Bells, St. Anne's Church
- The Butter Museum
- St Fin Barre's Cathedral
- St Peter's Cork
- Triskel Christchurch
- The Everyman Theatre
- The Cork Opera House
- Blarney Castle and Gardens
- Cork City Tours - Start / Finish



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Bantry House & Gardens, West Cork



By air

Cork Airport is located just 8km from Cork City and operates over 50 International flights to and from Cork. The best way to get into the city is the shuttle service. This runs every half hour from outside the arrivals hall and the service is available 7 days a week. The trip takes 10-15 minutes. For further information on route details and carriers that fly in and out of Cork, telephone 00353214313131 or visit www.corkairport.com and the Ryanair and Aer Lingus websites.



By sea

The Port of Cork operates seasonal ferry services to Roscoff. Ferries from Britain (Fishguard and Pembroke) and France (Le Havre and Cherbourg) serve Rosslare all year. The driving time from Rosslare to Cork is approximately 3 hours. For further information contact the Port of Cork at 00353 21 4273125 or visit www.portofcork.ie



By bus

If you arrive in Dublin, the easiest way to get to Cork is to take a direct bus operated by Aircoach (www.aircoach.ie) or GoBe (www.gobe.ie). From Dublin Airport, the trip takes approximately 3 hours and 30 min. CityLink (www.citylink.ie) and Bus Eireann (www.buseireann.ie) also operate lines to Cork from Dublin, Galway and other cities in Ireland.



By train

Irish Rail services Kent Station Cork which is a 10-minute walk from our adult school in Cork city centre. Services operate throughout most of the country, including Dublin, Kerry, Limerick, Waterford, and Wexford. Cork's Kent Station is located just off Railway Street, Lower Glanmire Road. For further information on rail services in Cork, telephone 0214557277 or visit www.irishrail.ie.



By car

Cork is 257km southwest of Dublin and is accessible via the M7 and M8. From Killarney, take the N22. Access from Limerick and Galway is via the N20, and the N25 is the South East gateway to the city. See the route planner at www.aireland.ie

GETTING AROUND CORK

By bus



Bus Eireann operates 18 routes serving the city, as well as 17 suburban routes, most of which run from early in the morning until around midnight. Many of these routes also connect the city with its environs. The bus station is located a short walk from the city centre, on Parnell Place. For further information on bus services in Cork telephone: (021) 4508188 or visit www.buseireann.ie

On foot



With its compact city centre, Cork is an easy city to get around on foot. A lot of the main shopping areas are pedestrianised. As well as this, many of the main attractions are within walking distance of each other. You can visit castles, art galleries, farmers markets, and more on foot.

By bike



For those who wish to explore Cork by bicycle, you can also visit www.bikeshare.ie/cork, as they have bicycles for hire. These bikes are available from multiple locations across Cork to use on a daily basis.



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**To lean more about
application process:**



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